#### **Patient Exam Preparation Instructions:**

# Ultrasound Abdomen: Upper Quadrant



We look forward to seeing you for your appointment. Preparation for your test includes:

- On the day of your test, you may take medications as prescribed by your doctor.
- Arrive at least 15 minutes prior to your test.
- Eating and drinking instructions depend on age as follows:
  - Ages 0-1 Hold one (1) feeding prior to the exam and bring a bottle with you to the exam.
  - Ages 2-5 Do not eat or drink for 3 hours prior to this exam.
  - Ages 6-12 Do not eat or drink for 4 hours prior to this exam.
  - 13+ years old Do not eat or drink for 6-8 hours prior to this exam.

## Bring relevant studies and reports to your appointment

University Radiology is able to obtain electronic images and reports for you if the previous studies were performed at our imaging centers or at one of our affiliated hospitals located across New Jersey. Please visit our website for a full listing: **UniversityRadiology.com** 

## Bring your prescription, insurance card, and photo ID

They are required for this procedure.

### **Glucose Monitoring Devices**

Devices such as the 'FreeStyle Libre' must be removed before any MRI, CT scan, PET/CT scan, Mammogram, DEXA, or X-ray. The exposure may damage the device and cause incorrect readings.

#### **Payment**

You will be expected to pay your estimated co-payment, co-insurance and/or deductible at the time of your appointment. Call your insurance provider if you have questions about your plan or coverage.

**Questions?**Call **800-758-5545**